Blood, Bread, and Roses: How Menstruation Created the World, 1993, 323 pages, Judy Grahn, 0807075043, 9780807075043, Beacon Press, 1993

Blood is everywhere in our society: on nightly T.V., in daily newspaper photos, in religious imagery. Yet menstrual blood is never mentioned and almost never seen, except privately by women. A girl's first period is usually kept secret, a source of embarrassment and irritation. Menstruation in our culture is invisible and irrelevant if properly hidden, shameful and unclean if not. It was not always this way. Long ago, in cultures around the world, a girl's menarchal passage was a time of celebration and initiation, and a time for ceremony, often including special clothing and foods and a period of seclusion. Far more than a biological event, menstruation was a recognized mark of female power, a source of ritual and of awe. The influence of early menstrual rites remains visible in our culture today. According to Judy Grahn, the ancient rites explain much of contemporary material culture - why women wear lipstick and eye makeup and adorn themselves with earrings and hair clasps, or why forks, bowls, chairs, rugs, and shoes originated, for instance. But Grahn also reveals the profound connections between ancient menstrual rites and the development of agriculture, mathematics, geometry, writing, calendars, horticulture, architecture, astronomy, cooking, money, and many other realms of knowledge. Blending archaeological data, ethnography, folklore, history, and myth, she constructs a new myth of origin for us all, demonstrating that menstruation is what made us human. Blood, Bread, and Roses reclaims woman's myths and stories, chronicling the ways in which women's actions and the teaching of myth have interacted over the millennia. Grahn argues that culture has been a weaving between thegenders, a sharing of wisdom derived from menstruation. Her rich interpretations of ancient menstrual rites give us a new and hopeful story of culture's beginnings based on the integration of body, mind, and spirit found women's traditions. Blood, Bread, and Roses offers all of us a way back to understanding the meaning menstrual true of women's power.

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Out at the Library Celebrating the James C. Hormel Gay & Lesbian Center, San Francisco Public Library, Stephanie Snyder, Judy Grahn, Jim Van Buskirk, Jun 1, 2005, Social Science, 144 pages. Published in conjunction with "Out at the Library: Celebrating the James C. Hormel Gay & Lesbian Center" an exhibition exploring LGBT culture using a wide variety of artifacts.

Bread and Roses, Ken Loach, Jan 1, 2001, Performing Arts, 166 pages. "Bread and Roses" is a look at "the other America" as seen through the eyes of Maya, a young Mexican woman who's been smuggled across the border to join her sister Rosa in Los.

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Bread and Roses Nontheism and the Human Spirit, Muriel Seltman, Apr 1, 2013, Religion, 184

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The queen of wands poetry, Judy Grahn, 1982, Poetry, 111 pages. .

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